

MODULE 4- Bonus Sessions. Safe with God. Sessions 1-3 Activations and Home Tasks

Bonus Sessions are designed to lead group members into inner healing. Common roots of spiritual orphan mentality are identified, removed, and replaced by new life. Participants can experience a greater freedom to walk in their destiny to which God has called them.

Healing topics are:

Session 1- God is Safe (Know Father as the One who carries us)

Session 2 – Forgiveness (dealing with the root of unhealthy mindsets)

Session 3- Breaking Word Curses; Release from Ungodly Vows (dealing with the root of unhealthy mindsets)

(Resource: *SOZO Training Manual*. Don and Cheryl Williams, Sozo Ministry.)

If group members want to receive greater freedom to live as sons of God, we recommend the Bonus Sessions. To help group members decide about participating in the Bonus Sessions, we suggest reviewing the Home Tasks – Safe God 1, 2 and 3, to better understand the process.

Bonus Sessions are to be completed after Session 7 or Session 8, before participating in Session 9. If you include the Bonus Sessions in this course, your group will meet for a total of 21 sessions. If you do not include the Bonus Sessions, your group will meet for 18 sessions.

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Session 1.

Safe with God. He Carries Me.

Father is actively present by carrying us in His womb!

2 Cor 6:18 "I will be a Father to you, And you shall be My sons and daughters, Says the Lord Almighty."

View Session video < https://youtu.be/D_0_qsX-wXI >

ACTIVATION

1. Speak to Father: *Father, my Mercy-Racham Father, Here I am. Today is my first awareness that You carry me in your womb. What do You want to say to me?*
2. Speak to Father about a difficult circumstance in your life (either a past or present circumstance). Ask Him to show you how He carried you in His womb through the difficulty.

HOME TASK <[download PDF](#)>

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Session 2

Safe with God. Healing and Freedom.

When you forgive, you are saying you want to live and operate on the level of mercy and grace because you have received mercy and grace.

Therefore confess your sins to each other and pray for each other so that you may be healed.

The prayer of a righteous person is powerful and effective. James 5:16

Tools: Group members need their answers from Home Task – SAFE GOD 1. Preparation for HEALING and FREEDOM. (Previous Home Task: Holy Spirit, who do I need to forgive? i.e. my family, teachers, employers, friends, leaders, bosses, government? Make a list including the person's name and what he did.)

Today: You will receive freedom and healing today by offering forgiveness to family members and significant others who have wounded you. Today we will also address lies about God.

View Session video < <https://youtu.be/-50i5uf4DnU> >

ACTIVATION

Prayer Model to Forgive

(Forgiveness is a decision, not to be governed by feelings)

1. In the name of the Lord Jesus Christ, I (choose to) forgive (name) for (offenses).
2. Christ Jesus, I repent for all judgments, anger, and every other negative emotion I've held against (name). I release (name) from all my judgments and ask You to bless (name).
3. I renounce lies about God that He will treat me the same as (name) did. (State the lie.)
4. Holy Spirit, fill me up.

HOME TASK <[download PDF](#)>

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Session 3

Safe with God. Words and Vows.

Over the years, the negative power of the word curses remains with us, affecting our ability to perform future tasks or assignments.

From the fruit of their mouth a person's stomach is filled; with the harvest of their lips they are satisfied. The tongue has the power of life and death, and those who love it will eat its fruit.

Proverbs 18:20-21

1. Previous Home Task: *Holy Spirit, what negative words or phrases have been spoken over me by my family, teachers, employers, friends or leaders? Make a list including the person's name and what he said.*

2. Previous Home Task: *Holy Spirit, what negative words or phrases have I spoken about myself? Make a list of what you said.*

3. Previous Home Task: *Holy Spirit, I ask You to show me the unholy vows I have made, in childhood and adulthood. Make a list of the vows.*

View Session video < <https://youtu.be/LLjSVHWe9T8> >

ACTIVATION

PRAY TO BREAK WORD CURSES #1:

(From previous home task #1: *Holy Spirit, what negative words or phrases have been spoken over me by my family, teachers, employers, friends or leaders? Make a list including the person's name and what he said.*)

Prayer to Break Word Curses About You or to You by Others

- A. In the name of the Lord Jesus Christ, I forgive [person who spoke curse] for the Word Curse spoken over me [name curse].
- B. Christ Jesus, I repent for agreeing with the Word Curse.
- C. Lord Jesus Christ, what truth would You like to tell me to replace the Word Curse?
- D. Holy Spirit, fill me up.

PRAY TO BREAK WORD CURSES #2

(From previous home task #2: *Holy Spirit, what negative words or phrases have I spoken about myself? Make a list of what you said.*)

Prayer to Break Word Curses Spoken by You About Yourself:

- In the name of the Lord Jesus Christ, I repent for speaking and agreeing with the Word Curse [name curse].
- Lord Jesus Christ, what truth would You like to tell me to replace the Word Curse?
- Holy Spirit, fill me up.

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PRAY TO BREAK VOWS

(From previous home task #3: *Holy Spirit, I ask You to show me the unholy vows I have made, in childhood and adulthood. Make a list of the vows.*)

Prayer to Break Vows

- Lord Jesus Christ, I repent for making and agreeing with the ungodly Vow I have spoken over my life [name vow].
- Lord Jesus Christ, what truth would You like to tell me to replace the Vow?
- Holy Spirit, fill me up.